

General Risk Assessment Accommodation, Transport, Restaurants and Excursions The Learning Adventure



Last Updated: 29/09/23

Risk Ranking

P = Participant AL = Adventure Leader

The following quantitative method has been designed as a measure of the total risk evident:

RISK = LIKELIHOOD OF OCCURRENCE X SEVERITY OF HAZARD

Likelihood

1. Remote 2. Possible 3. Probable 4. Likely

Severity of Hazard

1. No injury or repercussion 2. Minor Injury 3. Major Injury 4. Fatal

Overall Risk 1-5 LOW RISK 6-10 MEDIUM RISK 11-16 HIGH RISK

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1: ACCOMMODATION

General risks associated with accommodation. Also see accommodation section of *Safety Management System, Accommodation Audit Minimum Standards*, and *Accommodation Audits*.

Risk	At Risk	Existing Controls	Likelihood of Risk	Severity of Risk	Overall Risk	Additional Suggestions
Injury / Death as a result of a fire	P AL	All emergency exits are clearly marked, and Adventure Leaders ensure participants are aware of them and of the meeting point. Smoking is strictly forbidden in all bedrooms. All accommodation complies with local and national safety guidelines. Fire extinguishers distributed within the hotel.	1	4	4	We strongly recommend that all participants familiarize themselves with emergency procedures and the nearest emergency exits to their room.
Slipping or falling hazards	P AL	Hotels are encouraged to use 'beware' notices to make guests aware of hazards. Where practicable, the hotel provides staff who immediately clean up any slipping hazards in common areas.	2	2	4	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.

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		Participants are instructed to take care on staircases and balconies to reduce the risk of injuries through slipping, tripping, or falling. If deemed necessary, participants should be instructed not to go on balconies or rooftops that may be accessible.				
Intrusion	P AL	Ensure all entrances to the accommodation are secure and/or supervised to prevent intruder entry. All bedrooms are lockable from the inside. All bathrooms are lockable from the inside. Staff will be on the same floor as the participants.	1	3	3	Participants should not be in single rooms where this can be avoided. TLA endeavors to fully audit all accommodation to ensure it is safe and secure.
Property stolen in accommodation	P AL	All bedrooms are lockable from the inside. Valuables should be locked away safely.	1	2	2	TLA endeavors to fully audit all accommodation to ensure it is safe and secure.
Consumption of alcoholic beverages	Р	Students are briefed on the consequences and have signed a form from the school to adhere to rules and policy. Staff will monitor students carefully.	1	2	2	

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General	Р	Participants are instructed they must not leave the hotel without the knowledge or permission of staff.	1	2	2	
		Participants are instructed they must not change rooms without the knowledge or permission of staff.				
		Participants are aware of the staff room numbers.				

2: TRANSPORTATION

General risks associated with transportation. Also see transport section of Safety Management System, Transport Audit Minimum Standards, and Transport Audits).

Risk	At Risk	Existing Controls	Likelihood of	Severity of	Overall	Additional Suggestions
			Risk	Risk	Risk	
Walking						
Getting separated from the group	P AL	Adventure Leader to walk at the front of the group when moving together. Other staff should spread themselves through the group with a teacher at the back of the group. If there is a change of direction, or more than one direction to go in, the staff member at the	1	2	2	Clear instructions are given to the participants as to who to follow and when.

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		front should stop and ensure the group is together before moving on. Maintain a steady pace that allows everyone to easily keep up with. Staff to keep regular count of the participants.				
Tripping, slipping, or falling	P AL	Participants to wear appropriate footwear for the amount and nature of walking to be done.	2	2	4	Teachers to help enforce wearing of appropriate footwear.
		Participants to walk at a reasonable pace to maintain a low risk of injury. Routes are selected to minimize hazards. If necessary, if a hazard is present, the pace should be slowed accordingly, and the group should walk in single file.				The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Collision with traffic	P AL	Participants to be carefully monitored by staff around roads. Participants reminded to be aware and vigilant around traffic. If possible, traffic to be stopped by staff prior to	1	4	4	The Adventure Leader/school staff will use the first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
		students crossing a road. Only suitable crossing				

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	points are to be used and group should cross as one, if it is safe to do so.				
	P The group should all board the flight together to ensure nobody is left behind. One party leader should lead the group, with a staff member following at the back of the group to ensure all board the plane.	1	2	2	Party leaders should split students into smaller groups and each adult should be responsible for a group of students.
1	P Teachers should collect the participant's passports and onward boarding passes if the participants may be expected to lose them.	1	2	2	Teachers to carry colour photocopies of all passports and visas
	P Participants must ensure that their hand luggage is within the airlines weight limit. Participants should put heavy items under the seat in front of them to avoid falling out of the overhead compartments.	1	2	2	Party leaders to retrieve items from overhead lockers in case of falling objects if participants are not able to do so.
(if rnal	We encourage participants to follow the safety guidelines of the airlines. ght)	1	4	4	Watch safety briefing by flight attendants and read plane safety manual. Only recognized and regulated airlines may be used.
ht)					

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Getting separated from the group	P AL	Close supervision when getting on and off the coach and during any breaks in the journey. Participants to be counted before the transport departs.	1	2	2	Party leaders should split students into smaller groups and each adult should be responsible for a group of students.
Service station and other breaks in the journey	P AL	When stops are made participants are given clear instructions as to where they can and cannot go to minimize exposure to moving vehicles. Participants are given clear instructions on the purpose and timings of the stop. Participants are given clear instructions on how and where to contact party leaders and the Adventure Leader. Participants to remain in pairs or threes (buddy system as dictated by school policy).	1	2	2	
Standing whilst on the coach	P AL	Participants are not permitted to walk around the coach unless totally necessary. Participants are encouraged to return to their seat as soon as possible and to not obstruct the aisles in case of an emergency.	2	3	6	Seatbelts are to be requested when booking the transport. If they are not available, the trip may only continue where this is within the laws of the country. Passengers asked to sit whilst coach is in motion.

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		Seatbelts must be worn where available.				
Coach/ minibus crash	P AL	Seatbelts must be worn where available.	2	4	8	Companies used by TLA are fully audited for safety and quality.
		TLA staff ensures company/vehicle/driver used are safe & reliable through audits. Coach is to maintain speed limit at all times.				Seatbelts are to be requested when booking the transport. If they are not available, the trip may only continue where this is within the
		Adventure Leaders have phones with all emergency service numbers.				laws of the country.
Coach/minibus breaks down enroute	P AL	Participants are to be kept clear of moving vehicles and other roadside dangers in the most appropriate way.	1	2	2	Adventure Leader has spoken with company/driver to ensure plan is in place if this happens.
		Adventure Leaders have phones with all emergency service numbers.				Adventure Leader is supported by bus company and TLA to find a solution.
Being hit by falling objects stored in overhead lockers	P AL	Participants should put heavy items under the seat in front of them to avoid falling out of the overhead compartments, or store luggage securely in luggage areas.	1	2	2	Party leaders to retrieve items from overhead lockers in case of falling objects if participants not able to do so.
Public Transport						
Get separated from the group when taking	P AL	All participants are suggested to follow your Adventure Leaders carefully. Adventure Leaders to ensure every participant knows where to get	1	2	2	Party leaders should split students into smaller groups and each adult

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public bus/subway		off and will remind participants again before getting off.				should be responsible for a group of students.
		Participants will be fully briefed by the Adventure Leader before taking public transport about what to do in each eventuality. Participants should have at least 2 telephone numbers they can contact if they are lost. Ideally this will be the party leader and the Adventure				Where appropriate the entire group should be near each other to facilitate communication between groups in case of a change. Participants are fully briefed on the 'if lost' procedure at the safety
		Leader.				briefing.
Incident on a ferry	P AL	Participants are made aware of the emergency evacuation plan in case of an incident.	1	4	4	Activity Leader will have all emergency services telephone numbers. When mobile phone reception is unavailable the Activity Leader should be aware of how to contact help in the case of an emergency.
Fall off a ferry	P AL	Close supervision of the participants to prevent the likelihood of a fall. Participants are made aware of where the buoyancy aids are and how to access them.	1	3	3	When on small boats or in adverse weather conditions the buoyancy aids should be worn at all times. Activity Leader will have all emergency services telephone numbers. When mobile phone

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Participants are given clear instructions to remain seated and to not lean their bodies over the side.	reception is unavailable staff should be aware of how to contact help in the case of an emergency.
Participants to remain in pairs or threes (buddy system as dictated by school policy).	

3: Restaurants

Risk	At Risk	Existing Controls	Likelihood of Risk	Severity of Risk	Overall Risk	Additional Suggestions
Slipping Hazards	P AL	Restaurant staff monitor spills and clean up any hazards. Adventure Leaders will alert staff if they find any hazards.	2	2	4	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Gas appliances	P AL	Restaurant subject to local equipment safety standards.	2	4	8	Adventure Leaders/school staff will call emergency services in the event of a gas explosion. For injuries, Adventure Leaders will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.



Fire	P AL	Restaurant subject to local fire safety standards.	2	4	8	Adventure Leaders will call emergency services in the event of a fire. For injuries, Adventure Leaders/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Food poisoning or allergic reaction	P AL	Restaurant subject to local food safety standards. Any incidents of food illness from prior trips are reported. If more than one incident of food poisoning can be traced back to the same restaurant, our groups will not return unless the restaurant has made proven changes. Allergy information requested before travel. Participants bring any special personal medication. Participants to alert staff to any signs of illness as soon as possible.	2	2	4	Adventure Leaders will help keep sick guests hydrated and take any participant suffering from serious food poisoning to the local hospital. Participants should wash hands before handling food. Participants must have travel insurance that covers medical emergencies
Choking	P AL	N/A	1	4	4	Adventure Leaders will call emergency services for assistance.

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4: Excursions

Risk	At Risk	Existing Controls	Likelihood of Risk	Severity of Risk	Overall Risk	Additional Suggestions
Exposure to antisocial, threatening behavior from members of the public	P AL	Participants to have direct staff supervision unless it is appropriate and safe for them to be unsupervised. Where students are not in direct supervision from staff, they should be in groups of 2 or 3 (buddy system as dictated by school policy) and be given clear instructions on geographical boundaries and specified meeting points where staff members will be. Any suspicious behavior by members of the public should be immediately reported to staff and the threat removed, either by removing the group from the situation or increasing vigilance.	1	3	3	Participants to be fully briefed about reducing the risks of being victims of crime and the need for vigilance. Participants to have emergency numbers of staff in case they feel threatened or uncomfortable. In the case of illegal activity from members of the public, the police should be called.
Theft of personal belongings / missing luggage by members of the public	P AL	In some locations that may be visited on our trips, pickpockets and con artists operate on a large scale. Emphasize local tourist scams to the participants. Adventure Leaders to explain and make participants aware of the dangers.	2	2	4	If available, encourage participants to use lockers in hotel rooms, or leave valuables in a sealed envelope at the hotel reception.

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		Participants should split large amounts of money up and use an inside pocket or money belt. Wallets and phones should not be carried in back pockets. Participants should never leave belongings unattended. All events of theft or crime are reported to the local police.				
		Police reports can be used in the event of insurance claims.				
Illness (general)	P AL	Ensure that participants always maintain good hygiene.	2	1-3	2-6	Participants must have travel insurance that covers medical
	, \L	in the second se				emergencies.
		Participants to alert staff to illness or early signs				
		of illness as soon as possible.				The Adventure Leader/school staff
		Dro evicting medical conditions and allergies are				will use a first aid kit for minor
		Pre-existing medical conditions and allergies are known to staff, and details of appropriate				illness. For serious illnesses, the Adventure Leader will call
		medication provided.				emergency services for further
						assistance.

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Injury (general)	Р	All activities are explained to the participants	1	1-4	1-4	Staff to help monitor the correct
, , , , ,	AL	before commencing. Specialist instruction to be				clothing and footwear is worn
		given where required.				before leaving for the activity/
						excursion.
		Ensure that all activities are performed in a				
		controlled environment.				The Adventure Leader/school staff
						will use a first aid kit for minor
		Appropriate clothing and footwear must be worn				illness. For serious illnesses, the
		by participants.				Adventure Leader will call
						emergency services for further
		Equipment must be fit for purpose.				assistance.
		Participants must be instructed on the				Participants must have travel
		appropriate and expected behavior for the				insurance that covers injuries
		activity to ensure they are not a danger to				
		themselves and others.				
		Staff must be present during activities and				
		carefully supervise the participants.				
Dehydration	P	Ample water supplies to be provided each day	1	3	3	
Deliyaration	AL	before excursions.	1	3	3	
	AL	before excursions.				
		All participants are advised to bring and drink				
		water to avoid dehydration prior to, and during				
		the trip.				

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		Adventure Leaders will point out locations where water is available and remind group to stay hydrated.				
Extreme weather, (cold or heat illness or injury)	P AL	Consideration of forecast and amendment of plans, if necessary. Participants must dress appropriately for the conditions and have suitable clothing for the excursion / activity. Dry spare clothing should be carried. In hot sunny conditions participants should be encouraged to wear a hat and sunscreen and be reminded to drink water regularly. In cold conditions participants must wear warm clothing, go indoors when appropriate and be encouraged to stay dry. Staff to monitor for early signs of hypothermia or frostbite.	2	2	4	Suitable equipment and emergency equipment will be carried by the Adventure Leader. Kit list provided to participants ahead of trip. Teachers to help enforce wearing of appropriate clothes. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Traffic	P AL	Pedestrian areas mean traffic is only a problem when on excursions away from these locations. Free time is given in safe pedestrian surroundings.	2	4	8	Attain strict attention to Adventure Leaders' suggestions and directives.

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		Always use a safe means of crossing roads. We cross as a group with Adventure Leaders overseeing the process.				Remind participants that driving may be on the opposite side of road. Remind participants about silent electric scooters if applicable.
Slippery surfaces/uneven pavement	P AL	Wear appropriate shoes as advised by Adventure Leader. Adventure Leaders to check all participants footwear prior to them leaving the accommodation. Only sensible walking shoes are allowed for hiking activities.	2	2	4	Participants should walk in an orderly fashion, avoid running and jumping. Ensure that packing lists are sent out to participants well in advance of their departure. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Crushing or stampede at crowded places	P AL	Adventure Leaders normally try to avoid crowds and give out introductions at places with more space and away from crowds.	1	3	3	Participants should not run into huge crowds or do anything that might cause panic or attract too many people.

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		Establish a meeting point in case of forced evacuation from a building or site.				
Insect bites related illness	P AL	Participants should wear insect repellent where insect-borne diseases are present. Packing lists should include insect repellant for regions with mosquitos and other insects.	2	2	4	Participants who are sensitive to insect bites should bring ointment or antihistamines, and wear long sleeved clothing.
Getting separated from the group while on an excursion	P AL	Participants are instructed to always remain with their travel buddy's (buddy system as dictated by school policy). All participants are instructed to follow their Adventure Leaders / teachers carefully. Arrange designated meeting points that all participants are familiar with and instructed to go to in the event of being separated from the group. Contact numbers of Adventure leader shared with students.	1	2	2	Party leaders should split students into smaller groups and each adult should be responsible for a group of students.
Others	P AL	Participants must be reminded about the heightened sensitivity regarding the political situation in some regions where TLA operates.	1	3	3	

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	Adventure Leaders to refer to specific safety & evacuation procedures prior to each activity, and to ensure they have all the necessary equipment			
	and knowledge to ensure these plans can be			
	implemented. Lead Adventure Leaders to ensure			
	that all supporting staff are familiar with these			
	procedures.			

5: Non-Standard Excursions (only relevant for certain itineraries)

Risk	At Risk	Existing Controls	Likelihood of	Severity of	Overall	Additional Suggestions
			Risk	Risk	Risk	
Hiking related	Р	All participants must follow the route outlined by	2	2	4	Appropriate footwear and clothing
injuries	AL	the Adventure Leader. The hike is selected based				need to be worn.
		on the age and experience of the participants and				
		the local environment and conditions.				Additional water to be carried by
						participants and staff should
		Attention must be made to always walk on solid				encourage participants to drink.
		and stable pathways.				
						The Adventure Leader/school staff
		There should be a member of staff at the front of				will use a first aid kit for minor
		the group and one at the back, with other adult				injuries. For serious injuries, the
		staff spread out through the group.				Adventure Leader will call
						emergency services for further
						assistance.

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		In sunny conditions participants should wear sunscreen and hats and staff should look out for early signs of dehydration / sunstroke. Be aware of animal interaction during the hike – see the section on 'animal related injuries'.				
Cycling related injuries	P AL	The ride is selected based on the age and experience of the participants and the local environment and conditions. A cycling assessment should be completed and any participant who is unable to ride a bike to a safe standard, will be asked not to ride the bike. A suitable alternative will be arranged. All participants to wear bike helmets and suitable footwear and clothing. Bikes to be checked before departure to ensure they are road/route worthy. Breakdown plan agreed. Participants must not be left on their own but be accompanied by a staff member.	2	3	6	Participants who do not show competency on a bike will be asked to not participate in the activity. When riding on or near roads or other hazards participants must remain vigilant. Additional water to be carried by participants and staff should encourage participants to drink. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.

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		There should be a member of staff at the front of the group and one at the back, with other adult staff spread out through the group. In sunny conditions participants should wear sunscreen and staff should look out for early signs of dehydration / sunstroke. Be aware of animal interaction during the hike – see the section on 'animal related injuries'.				
Swimming related injuries	P AL	School staff should confirm that the participants who wish to swim are confident swimmers, and their ability is as expected. There should be adult supervision of the participants at all times, and they must remain vigilant and aware of how many participants are in the water. Participants must be given clear guidelines concerning where they can and cannot swim. In open or flowing water staff must first assess the appropriateness of the swimming	2	4	8	Participants who do not show competency in the water will be asked to not participate in the activity or to wear a life jacket. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.

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		environment and, if swimming is approved, increase vigilance during supervision. School staff should watch for signs of fatigue and ensure participants are out of the water before getting overly tired.				
Animal related injuries	P AL	On activities where participants may reasonably be expected to encounter animals, familiar or otherwise, participants should be briefed on how to behave around the animals. Participants should not touch animals except under controlled conditions in the presence of experts. Follow the guidelines of the zoo, wildlife park or panda base. Do not allow participants to go outside designated areas of park. Panda volunteering is operated in safe controlled environments with handlers present.	2	2	4	Zoo staff members offer training and necessary apparatus for all animal-based activities. Participants to wash hands thoroughly after work to avoid the spread of animal diseases. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Cooking class burns / cuts	P AL	No running within kitchen area. Participants are taught safety precautions for cooking and how to use kitchen equipment safely.	3	2	6	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call

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						emergency services for further assistance.
Rock climbing related injuries	P AL	TLA only use licensed rock climbing venues where professional coaches oversee the activity. Safety equipment, such as full climbing gear and helmets are provided and are fit for purpose. Equipment may only be used by qualified staff working to a set operating procedure. Activity will be cancelled in case of rain or adverse weather conditions.	1	3	3	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Boat related injuries	P AL	TLA will only use boats that are safe for participants. There must be close supervision of the participants to prevent the likelihood of a fall. Participants are made aware of where the life jackets are and how to access them. Participants are given clear instructions to remain seated and to not lean their bodies over the side.	1	3	3	Participants should remain seated when the boat is moving and wear/hold the life jacket at all times.

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Campfire	P AL	Adventure Leaders will request all participants to stay at least 2m from the campfire. Tents should be at least 100 meters away from campfire.	1	3	3	All participants should listen to instructions from the Adventure Leader and not put any hazardous item into the fire.
Cuts / scratches when making handmade arts and crafts	P AL	The teacher of the lesson will instruct the participants on how to avoid being scratched or cut and will be on hand to offer assistance as required. Adventure Leaders should ensure all participants are offered gloves if/when necessary.	2	2	4	Participants should not make the crafts without gloves on (if deemed necessary by Adventure Leader). The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Service work related injuries (general)	P AL	TLA staff should inspect all service projects before commencement. TLA staff should have the appropriate understanding of each activity to know what is reasonable and what is involved. Any tasks involving manual labour must be supervised and carefully selected to be				Participants should not work at heights without appropriate safety equipment. Participants should not operate complicated or heavy machinery unless an expert is providing close supervision and is confident that it is appropriate and safe.

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		appropriate for the age, physical ability, and skill level of the participants. Adults should be divided amongst service projects to provide appropriate levels of supervision at each task. Participants to report any problems or concerns to their supervising staff member. Where service projects involve interaction with the public, participants should never be alone and must always work in groups with direct or indirect supervision.				Equipment and safety protection must be fit for purpose and training given with unfamiliar equipment. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Hit by stones used for repairing water mill	P AL	Participants will be given a brief introduction about how to repair the water mill, as well as how to protect themselves during its operation. There will be a local instructor with them when they are repairing the water mill.	1	2	2	Participants should not throw stones/rocks to, or at, each other. They should listen to the instructor carefully and follow instructions.
Farm work volunteering related injury	P AL	Participants should follow guidelines of Adventure Leaders. Any dangerous apparatus used will have adult supervision present.	1	3	3	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.

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Factory visit related injury	P AL	Participants provided with necessary safety guidelines by factory staff. Appropriate protective clothing given to participants.	1	3	3	The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.
Injuries related to visits to leisure or theme parks or large public attractions (e.g. museums, tourist spots, etc)	P AL	Use of only publicly well recognised, permanent facilities. Prior discussion with participants of hazards and control measures, including behaviour required during the visit. Pre-planned supervision with sufficient staff, careful head counts of participants on arrival and departure. Staff to carry lists of pupils. Participants to remain/work in groups (buddy system as dictated by school policy) and understand the responsibility to look out for others. Participants are instructed on the arrangements, including time and place of meetings and are	1	3	3	In the case of an emergency the participants and staff know what to do and where to meet. The Adventure Leader/school staff will use a first aid kit for minor injuries. For serious injuries, the Adventure Leader will call emergency services for further assistance.

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		made aware of the geographical boundaries of		
		where they are allowed to go during free time.		
		In cases where the participants are allowed		
		remote supervision (if appropriate) they must be		
		aware of a designated central meeting point		
		where a staff member will be at all times.		
		where a starr member will be at all times.		
		Double in out one fully builded upposeding the		
		Participants are fully briefed regarding the		
		requirement to obey notices and rules of the		
		attraction.		
		Participants are fully briefed regarding the risks		
		around water hazards and what to do in case of		
		an incident.		
		Participants are fully briefed regarding no		
		unauthorised/unsupervised entry into or onto		
		water for swimming, paddling or rides, water-		
		sports, boats etc		
		Dentisian to the second to the		
		Participants are not to leave the site without the		
		express permission from, and knowledge of, the		
		staff.		
Skiing	Р	Please see additional Ski Risk Assessment		

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	AL			
White Water	Р	Please see additional White Water Rafting Risk		
Rafting	AL	Assessment		

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